

OPEN AND DISTANCE LEARNING COURSE (ODL)

SCHEME OF EXAMINATION DIPLOMA IN SPORTS NUTRITION (D.S.N.)

(w.e.f. JULY 2023)

SEMESTER - I

Part –A (THEORY)						
Paper No.	Paper Code	Name of subjects	Max. Marks	Aggregate Pass Marks	Total Marks	Credits
I	DSN/I/A/01	Fundamentals of Human Nutrition & Metabolism.	100	45	100	04
II	DSN/I/A/02	Basic Physiology and Exercise Physiology.	100	45	100	04
III	DSN/I/A/03	Food Psychology and Nutritional Counseling.	100	45	100	04
IV	DSN/I/A/04	Nutritional Biochemistry.	100	45	100	04
Total					400	16
PART-B (PRACTICAL)						
I	DSN/I/B/01	Case Study – I	150	68	150	04
II	DSN/I/B/02	Project – I	150	68	150	04
Total					300	08
Grand Total					700	24

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SCHEME OF EXAMINATION DIPLOMA IN SPORTS NUTRITION (D.S.N.)

(w.e.f. JULY 2023)

SEMESTER - II

Part –A (THEORY)							
Paper No.	Paper Code	Name of subjects	Max. Marks	Aggregate Pass Marks	Total Marks	Credits	
I	DSN/II/A/01	Sports Specific Nutrition & Clinical Sports Nutrition.	100	45	100	04	
II	DSN/II/A/02	Basic Physiology Assessment of Health & Fitness & Hydration Status.	100	45	100	04	
III	DSN/II/A/03	Dietary Supplements & Ergogenic Aids.	100	45	100	04	
IV	DSN/II/A/04	Performance Nutrition.	100	45	100	04	
					Total	400	16
PART-B (PRACTICAL)							
I	DSN/II/B/01	Case Study – II	150	68	150	04	
II	DSN/II/B/02	Project – II	150	68	150	04	
					Total	300	08
					Grand Total	700	24